MCGILL PAIN QUESTIONNAIRE

PATIENT NAME: _________________________________________________ DATE: __________

What Does Your Pain Feel Like?
Some of the following words below describe your present pain. Check ONLY those words that best describe it. Leave out any category that is not suitable. Use only a single word on each appropriate category - the one that applies best.

**PAIN RATING INDEX** PRI

1. Is your **PRESENT** pain…
   - Flickering □
   - Quivering □
   - Pulsing □
   - Throbbing □
   - Beating □
   - Pouding □

2. Is your **PRESENT** pain…
   - Jumping □
   - Shrinking □
   - Shooting □
   - Stabbing □
   - Lancinating □

3. Is your **PRESENT** pain…
   - Pricking □
   - Boring □
   - Drilling □
   - Lacerating □
   - Boring □
   - Itchy □

4. Is your **PRESENT** pain…
   - Sharp □
   - Cutting □
   - Drilling □
   - Smarting □
   - Smarting □
   - Nauseating □

5. Is your **PRESENT** pain…
   - Pulsing □
   - Shivering □
   - Quivering □
   - Quivering □
   - Quivering □

6. Is your **PRESENT** pain…
   - Pulsing □
   - Shivering □
   - Quivering □
   - Quivering □
   - Quivering □

7. Is your **PRESENT** pain…
   - Pulsing □
   - Shivering □
   - Quivering □
   - Quivering □
   - Quivering □

8. Is your **PRESENT** pain…
   - Pulsing □
   - Shivering □
   - Quivering □
   - Quivering □
   - Quivering □

9. Is your **PRESENT** pain…
   - Pinching □
   - Tugging □
   - Pressing □
   - Gnawing □
   - Cramping □
   - Crushing □

10. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

11. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

12. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

13. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

14. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

15. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

16. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

17. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

18. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

19. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □

20. Is your **PRESENT** pain…
    - Pinching □
    - Tugging □
    - Pressing □
    - Gnawing □
    - Cramping □
    - Crushing □
MCGILL PAIN QUESTIONNAIRE

How Does Your Pain Change With Time?
Which word / words would you use to describe the pattern of your pain?

PAIN TIME RATING INDEX  PRI (T)

<table>
<thead>
<tr>
<th>BRIEF</th>
<th>RYTHMIC</th>
<th>CONTINUOUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOMENTARY</td>
<td>PERIODIC</td>
<td>STEADY</td>
</tr>
<tr>
<td>TRANSIENT</td>
<td>INTERMITTENT</td>
<td>CONSTANT</td>
</tr>
</tbody>
</table>

How Strong Is Your Pain?
Please circle ONE of the following words in the box below that best describes how strong your pain is right NOW.

PRESENT PAIN INTENSITY  PPI

<table>
<thead>
<tr>
<th>NO PAIN</th>
<th>MILD</th>
<th>DISCOMFORTING</th>
<th>DISTRESSING</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>HORRIBLE</td>
<td>EXCRUCIATING</td>
</tr>
</tbody>
</table>

THERAPIST USE ONLY

PRI:  SENSORY_____ AFFECTIVE_____ EVALUATIVE_____

MISCELLANEOUS_____ PRI (T):______ PPI:______

MCGILL PAIN QUESTIONNAIRE

THERAPIST USE ONLY

PRI SCORING

The descriptors fall into four major groups: sensory, Questions 1-10; affective, Questions 11-15; evaluative, Question 16; and miscellaneous, Questions 17-20. The rank value for each descriptor is based on its position in the word set. Then sum of the rank values is the Pain Rating Index (P.R.I.).

<table>
<thead>
<tr>
<th>Question 1. (Temporal)</th>
<th>Question 2. (Spatial)</th>
<th>Question 3. (Punctate Pressure)</th>
<th>Question 4. (Incisive Pressure)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flickering</td>
<td>Jumping</td>
<td>Pricking</td>
<td>Sharp</td>
</tr>
<tr>
<td>Quivering</td>
<td>Flashing</td>
<td>Boring</td>
<td>Cutting</td>
</tr>
<tr>
<td>Pulsing</td>
<td>Shooting</td>
<td>Drilling</td>
<td>Lacerating</td>
</tr>
<tr>
<td>Throbbing</td>
<td></td>
<td>Stabbing</td>
<td></td>
</tr>
<tr>
<td>Beating</td>
<td></td>
<td>Lancing</td>
<td></td>
</tr>
<tr>
<td>Pounding</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Question 5. (Constrictive Pressure)</td>
<td>Question 6. (Traction Pressure)</td>
<td>Question 7. (Thermal)</td>
<td>Question 8. (Brightness)</td>
</tr>
<tr>
<td>Pinching</td>
<td>Tugging</td>
<td>Hot</td>
<td>Tingling</td>
</tr>
<tr>
<td>Pressing</td>
<td>Pulling</td>
<td>Boring</td>
<td>Itchy</td>
</tr>
<tr>
<td>Gnawing</td>
<td>Wrenching</td>
<td>SCALDING</td>
<td>SMARTING</td>
</tr>
<tr>
<td>Cramping</td>
<td></td>
<td>Searing</td>
<td>Stingling</td>
</tr>
<tr>
<td>Crushing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Question 9. (Dullness)</td>
<td>Question 10. (Sensory Miscellaneous)</td>
<td>Question 11. (Tension)</td>
<td>Question 12. (Automatic)</td>
</tr>
<tr>
<td>Dull</td>
<td>TENDER</td>
<td>Tiring</td>
<td>SICKENING</td>
</tr>
<tr>
<td>Sore</td>
<td>Taut</td>
<td>EXHAUSTING</td>
<td>SUFFOCATING</td>
</tr>
<tr>
<td>Hurting</td>
<td>RASPING</td>
<td>Vicious</td>
<td>INTENSE</td>
</tr>
<tr>
<td>Aching</td>
<td>SPLITTING</td>
<td>VICIOUS</td>
<td>UNBEARABLE</td>
</tr>
<tr>
<td>Heavy</td>
<td></td>
<td>KILLING</td>
<td></td>
</tr>
<tr>
<td>Question 13. (Fear)</td>
<td>Question 14. (Finishment)</td>
<td>Question 15. (Sensory)</td>
<td>Question 16. (Evaluative)</td>
</tr>
<tr>
<td>FEARFUL</td>
<td>PUNISHING</td>
<td>WRETCHED</td>
<td>ANNOYING</td>
</tr>
<tr>
<td>FIGHTFUL</td>
<td>GRUELING</td>
<td>BLINDING</td>
<td>TROUBLESOME</td>
</tr>
<tr>
<td>TERRIFYING</td>
<td>CRUEL</td>
<td>VICIOUS</td>
<td>MISERABLE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>KILLING</td>
<td>INTENSE</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>UNBEARABLE</td>
</tr>
<tr>
<td>Question 17. (Sensory Miscellaneous)</td>
<td>Question 18. (Sensory Miscellaneous)</td>
<td>Question 19. (Sensory)</td>
<td>Question 20. (Miscellaneous)</td>
</tr>
<tr>
<td>Spreading</td>
<td>Tight</td>
<td>Cool</td>
<td>NAGGING</td>
</tr>
<tr>
<td>Radiating</td>
<td>Numb</td>
<td>Cold</td>
<td>NAUSEATING</td>
</tr>
<tr>
<td>Penetrating</td>
<td>Drawing</td>
<td>FREEZING</td>
<td>AONIZING</td>
</tr>
<tr>
<td>Piercing</td>
<td>SQUEEZING</td>
<td>TEARING</td>
<td>DREADFUL</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>TORTURING</td>
</tr>
</tbody>
</table>

PRI (T) SCORING

Look at all the words the patient circled in the box. Refer them to the key below and add all their points. The total amount of points will be the Pain Time Rating Index (P.T.R.I.).

- **1 Point**
  - Continuous
  - Steady
  - Constant

- **2 Points**
  - Rhythmic
  - Periodic
  - Intermittent

- **3 Points**
  - Brief
  - Momentary
  - Transient

PPI SCORING

Look at the word the patient chose describing their pain, the number next to it will represent their Present Pain Intensity (P.P.I.). The numbers below are on a pain intensity scale of 0-5 (0 NO PAIN – 5 EXCRUCIATING).

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>NO PAIN</td>
<td>MILD</td>
<td>DISCOMFORTING</td>
<td>DISTRESSING</td>
<td>HORRIBLE</td>
<td>EXCRUTIATING</td>
</tr>
</tbody>
</table>

INTERPRETATION:

- Minimum Pain Score: 0 (would not be seen in a person with true pain)
- Maximum Pain Score: 78
- The higher the Pain Score the greater pain.